



IT STARTS IN
PARKS
HEALTH • COMMUNITY • RECREATION • ENVIRONMENT

Town of Surfside Parks and Recreation Department

Spring Session 2022 Registration Begins

Residents: January 31 Non-Residents: February 16



SCAN FOR FLYERS

ADULT AND SENIOR PROGRAMS

PROGRAM	DAYS/DATES	HOURS	AGES	FEE PER SESSION
Zumba	<u>Mondays</u> 3/7 - 4/25/22 No class 3/21	9:00-10:00am	18-54yrs.	Residents \$84.00 Non-Residents \$119.00
Zumba Gold	<u>Mondays</u> 3/7 - 4/25/22 No class 3/21	9:00-10:00am	55 & Over	Residents \$35.00 Non-Residents \$49.00
Adult Art Class	<u>Mondays</u> 3/7 - ongoing *No class on specific holidays	10:30-12:30pm	18 & Over	FREE
Pilates	<u>Tuesdays</u> 3/15 - 4/26/22 No Class: 3/22	7:15-8:15pm	16 & Over	Residents \$72.00 Non-Residents \$102.00
Senior Bridge Time	<u>Mondays & Wednesdays</u> 3/7 - 4/27/22 No class 3/21 & 3/23	10:00-12:00pm	50 & Over	FREE
Silver Sneakers: Cardio & Strength	<u>Tuesdays & Fridays</u> 3/8 - 4/29/22 No Class: 3/22, 3/25, 3/29, 4/1, & 4/15	9:00-10:00am	50 & Over	S.S Members: Free Non-Members: \$5.00
Current Events	<u>Thursdays</u> 3/10 - 4/28/22 No Class: 3/24	10:15-12:15pm	50 & Over	FREE
Body Sculpting	<u>Thursdays</u> 3/10 - 4/28/22 No Class 3/24	7:15-8:15pm	16 & Over	Residents \$84.00 Non-Residents \$119.00



**Dates, times and locations subject to change*

***Younger Age Group/Older Age Group*

For more information call the

Surfside Community Center (305) 866-3635

Website: www.townofsurfsidefl.gov

SCAN FOR ONLINE
REGISTRATION

1/18/2022